

# Counseling Referrals

## **Sacred Journey Counseling – Upland**

Hope Brown, LMHC

Upland, IN

765.997.8046

[Hope.sacredjourney@gmail.com](mailto:Hope.sacredjourney@gmail.com)

Sliding scale fee, takes insurance

*Specializes in phase of life, trauma, relationships*

## **IWU Graduate Counseling Clinics**

Marion, IN - 765.677.2571

Indianapolis, IN – 317.713.6154

[www.indwes.edu/adult-graduate/ma-counseling/clinics](http://www.indwes.edu/adult-graduate/ma-counseling/clinics)

Open 9 a.m. to 9 p.m.

Services are free or very low in price

*Specializes in individual, couples and family counseling*

## **Upland Counseling Group**

Troy Tiberi, Hilary Moore and Rachael Demarse

Upland, IN

765.808.5529

[uplandcounselinggroup.com](http://uplandcounselinggroup.com)

Fee, takes insurance

## **In the Midst Counseling Services - Fairmount**

Angie Grandlienard, LMHC

Located @ the Branch in Fairmount, IN

765-293-2936

[inthemidstcounselingservices@gmail.com](mailto:inthemidstcounselingservices@gmail.com)

*Specializes in general counseling and spiritual formation*

## **Selah House**

Anderson, IN

765.233.9309

*Specializes in Disordered Eating*

## **SPANISH-SPEAKING COUNSELORS:**

### **Aura R. Deschamps, PsyD, HSPP**

Indianapolis, IN

317.903.6587

Fee, accepts Anthem and Blue Cross/Blue Shield

*Specializes in ADD, grief, anger, trauma, anxiety, depression, relationship issues*

### **Alivio Medical Center**

(bilingual medical/mental health facility)

Indianapolis, IN

317.635.3499

Fee, accepts insurance

*Specializes in ADD, grief, anger, trauma anxiety/depression*

### **Michelle Batacan Alexander, ACSW, LCSW**

Michigan City, IN

219.595.7373

Sliding scale/ accepts insurance

*Specializes in addictions, relationships, anxiety, depression*

**Latino/Asian focus**

### **LifeStream Counseling, Inc.**

Lisa Duhamell, MA, LMHC

Noblesville, IN

317.792.5050, Extension 1

Fee, accepts Anthem and Blue Cross/Blue Shield

*Specializes in depression, anxiety, trauma and relationships*

## **Wabash Friends Counseling – several locations**

Marion, IN

More locations in Wabash, Kokomo, Tipton and Logansport

260-563-8453

[www.wabashfriendscounseling.com](http://www.wabashfriendscounseling.com)

Sliding scale fee

*Several counselors, wide variety of specialties*

## **Life Center Counseling Service** (several counselors)

Marion, IN 46953

765.674.2208

[shedd@lifecentercounseling.com](mailto:shedd@lifecentercounseling.com)

Takes insurance and self-pay

*Specializes in alcohol/chemical abuse, grief, women's issues*

## **Center of Psychological Development**

Kay Keller, LMCH

Muncie, IN

765.287.1922

[muncietherapy.com](http://muncietherapy.com)

*Specializes in EMDR, trauma, phase of life, anxiety/depression*

## **Black, Indigenous and People of Color (BIPOC) COUNSELORS:**

### **Abayomi Nichols, MS, LCPC**

Illinois (phone and telehealth appointments)

815.944.8844

Takes Blue Cross and Aetna insurance

*Specializes in transition, relationships, adoption, career, anxiety, depression and pre-marital*

### **Courageous Healing**

Janell Lane, MA, LMHC plus 7 additional counselors

Fort Wayne, IN

260.267.0715

[courageoushealing.org](http://courageoushealing.org)

Fee, Anthem, PHP, Parkview Signature

*Specializes in trauma (EMDR), culturally-centered*

### **Crosswinds Counseling**

Kiara Williams, LMHC, NCC

Carmel, IN

877.594.9204

[info@crosswinds.org](mailto:info@crosswinds.org)

Free telehealth through grant for TU minority students

*Specializes in eating disorders, anxiety, depression, trauma*

### **Heartstrings 411**

Tamala Johnson, MSW, LSCW

Fishers, IN

317.522.9404

[Tammy@heartstrings411.com](mailto:Tammy@heartstrings411.com)

Sliding Scale / Accepts Anthem

*Specializes in trauma, relationships, grief/loss, anxiety/depression*

### **Intouch Christian Counseling**

Pamela Sublett, MSSW, LCSW

Indianapolis, IN

317.215.5884

[pameliapam@hotmail.com](mailto:pameliapam@hotmail.com)

Fee, accepts insurance

*Specializes in anxiety, depression, trauma, relationships*