| Major Requirements |  |  |
| :---: | :---: | :---: |
| BIO 201 | 4 | Biology I: Foundations of Cell Biology and Genetics |
| BIO 310 | 4 | Human Anatomy and Physiology I |
| BIO 311 | 4 | Human Anatomy and Physiology II |
| EXS 111 | 3 | Foundations of Exercise Science |
| EXS 274 | 1 | Introduction to Exercise Testing |
| EXS 290 | 3 | Principles of Strength Training and Conditionin |
| EXS 306 | 3 | Physiology of Exercise |
| EXS 316 | 3 | Applied Nutrition |
| EXS 318 | 3 | Therapeutic Exercise and Pharmacotherapy |
| EXS 353 | 3 | Physical Fitness Assessment |
| EXS 381 | 3 | Kinesiology |
| EXS 453 | 3 | Physical Fitness Prescription |
| KIN 355 | 3 | Research Methods |

Select one course from the following:

__K KIN 4924 Internship
Select one course from the following:
__ PSY 3953 Health Psychology
$\qquad$ PSY $410 \quad 3$ Motivation

Total Major Hours Required: 47

## BA in Exercise Science - 2024-2025

Student Name:
Student ID:

| Recommended Courses for Areas of Specialization |  |  |
| :---: | :---: | :---: |
| BIO 203 | 4 | Principles of Genetics |
| BIO 210 | 3 | Medical Terminology |
| BIO 471 | 4 | Microbiology and Immunology |
| CHE 201/211 | 4 | General, Organic, \& Biochemistry I/ College Chemistry I |
| CHE 202/212 | 4 | General, Organic, \& Biochemistry II/ College Chemistry II |
| CHE 311 | 4 | Organic Chemistry I |
| CHE 312 | 4 | Organic Chemistry II |
| CHE 411 | 3 | Biochemistry I |
| CHE 412 | 3 | Biochemistry II |
| EXS 214 | 3 | Health and Sexuality |
| EXS 215 | 2 | Health, Exercise, and Aging |
| EXS 217 | 3 | Health Promotion Program Planning |
| EXS 273 | 1 | Introduction to Exercise Science Research |
| EXS 317 | 2 | EKG and Stress Testing |
| EXS 393 | 1 | Practicum |
| EXS 482 | 3 | Lifespan and Environmental Physiology |
| HPH 310 | 3 | Cardiorespiratory Physiology and Chronic Disease |
| HPH 315 | 3 | Pathophysiology of Immunological \& Metabolic Chronic Diseases |
| HPH 320 | 3 | Neuromuscular Physiology and Chronic Disease |
| KIN 223 | 3 | Emergency Health Care |
| KIN 324 | 2 | Motor Learning |
| KIN 360 | 1-4 | Independent Study (advisor approval) |
| KIN 370 | 1-4 | Selected Topics (advisor approval) |
| MAT 140 | 3 | Fundamental Calculus for Applications |
| MAT 145 | 3 | Introduction to Functions and Calculus |
| MAT 146 | 3 | Functions and Calculus |
| MAT 151 | 4 | Calculus I |
| MAT 210* | 4 | Introductory Statistics |
| PBH 100 | 3 | Introduction to Public Health |
| PBH 213 | 2 | Substance Education |
| PBH 346 | 3 | Community Health Education |
| PHI 201 | 3 | Logic |
| PHI 311 | 3 | Medical Ethics |
| PHY 203/211 | 4 | General Physics I/University Physics I |
| PHY 204/212 | 4-5 | General Physics II/University Physics II |
| PSY 100 | 3 | Introductory Psychology |
| PSY 220 | 3 | Sport Psychology |
| PSY 250 | 3 | Life Span Development |
| PSY 275* | 3 | Introductory Statistics |
| PSY 300 | 3 | Abnormal Psychology |
| PSY 395 ${ }^{ \pm}$ | 3 | Health Psychology |
| PSY 410 ${ }^{\ddagger}$ | 3 | Motivation |
| PSY 441 | 3 | Physiological Psychology |
| SMA 351 | 3 | Sport Public Relations |
| SMA 352 | 3 | Event and Facility Management |

4 Principles of Genetics
Microbiology and Immunology
CHE 202/212 4 General Organic \& Biochemistry II/ College Chemistry II
CHE 3114 Organic Chemistry I
CHE 3124 Organic Chemistry II
CHE $412 \quad 3$ Biochemistry II
EXS 2143 Health and Sexuality
EXS 2152 Health, Exercise, and Aging
EXS 2173 Health Promotion Program Planning
EXS 2731 Introduction to Exercise Science Research
EXS $317 \quad 2$ EKG and Stress Testing
Practicum
3 Lifespan and Environmental Physiology
Cardiorespiratory Physiology and Chronic Disease
HPH 315 Pathophysiology of Immunological \& Metabolic Chronic Diseases
Neuromuscular Physiology and Chronic Disease
KIN 223 Emergency Health Care

KIN 360 1-4 Independent Study (advisor approval)
KIN $370 \quad 1-4 \quad$ Selected Topics (advisor approval)
MAT 1403 Fundamental Calculus for Applications
MAT 1453 Introduction to Functions and Calculus
MAT 146 Functions and Calculus
MAT 210* 4 Introductory Statistics
PBH 1003 Introduction to Public Health
Substance Education
PBH 346 Community Health Education
PHI 3113 Medical Ethics
PHY 203/211 4 General Physics I/University Physics I
PHY 204/212 4-5 General Physics II/University Physics II
ntroductory Psychology
PSY 2503 Life Span Development
PSY 275* 3 Introductory Statistics
Abnormal Psychology

PSY $441 \quad 3 \quad$ Physiological Psychology

SMA $352 \quad 3$ Event and Facility Management

Language Requirement for BA Degree - Complete four courses in one language option.
$\square$ Spanish $\square$ Hebrew $\square$ Greek $\square$ French $\square$ Chinese $\square$ Korean $\square$ Other:


## Degree Requirements

- 128 minimum hours and 42 minimum upper-division hours (3XX/4XX course numbers).
- Fifty percent of the minimum hours must be completed at Taylor-64 hours.
- Fifty percent of the major/minor hours must be completed at Taylor.
- 22 of the last 30 hours earned must be completed at Taylor.
- Cumulative GPA of 2.0; major GPA of 2.3 (higher GPA may be required in certain curricula). (See current catalog for policy).
- All foundational core, major, minor, and proficiency requirements must be completed (including Senior Comprehensive Exam/Paper/Project).
- Two years of one foreign language is required for the BA degree.
- Candidates for 2 degrees must complete a minimum of 158 semester hours and meet all requirements for 2 different majors.

